



MERRILL PALMER
SKILLMAN INSTITUTE
for Child & Family Development



Explorations In Development

11 CREDITS

IF ATTENDING BOTH DAYS

FOR LICENSED
NURSES, SOCIAL WORKERS
& COUNSELORS

WAYNE STATE
UNIVERSITY

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MERRILL PALMER SKILLMAN INSTITUTE *for Child & Family Development*

WAYNE STATE
UNIVERSITY

**Don't Miss Our
Early Bird Registration
Until August 17**

WHO WILL BENEFIT

Nurses, Social Workers, and
other professionals working
with infants and families

HOSTED BY:

*The Healthier Urban Families
Outreach Program and the Infant
Mental Health Program of the
Merrill Palmer Skillman Institute
for Child & Family Development
at Wayne State University*

LOCATION:

Michigan First Credit Union
27000 Evergreen
Lathrup Village, MI 48076

Registration includes
continental breakfast and CEs.
Lunch Not Included



*Reducing Infant Mortality:
Emerging Trends in Prevention
&
Developmentally Informed Care*

Explorations in Development

DAY 1: Thursday, September 19

- How Race and Pregnancy are Lived
- The Influence of Trauma on Pregnancy
- Emerging Interventions in Preterm Birth Prevention

DAY 2: Friday, September 20

- Essentials of Developmentally Supportive Care in the NICU
- Using the FAN Approach to Engage and Support Families

Michigan Association for
Infant Mental Health
Metropolitan Detroit



School of Social Work
Challenging Minds, Leading Change, Transforming Lives



WSU Perinatal
Research Initiative

Thursday, September
19th



Renee Canady currently serves as the director of the Ingham County Health Department and is also an assistant professor, adjunct appointment at Michigan State University, College of Nursing and College of Human Medicine. Dr. Canady has researched, published, and presented on pregnancy experience and disparities, health risks in pregnancy, infant mortality, HIV/AIDS, and racial health disparities and inequities. She has given television and radio interviews on numerous public health topics, including those mentioned and sexually transmitted diseases, emerging public health problems, teen pregnancy, and community health assessment. Dr. Canady is a medical sociologist by training and a former National Institutes of Mental Health Fellow.



Mickey Sperlich is currently a doctoral candidate at Wayne State University, working on a dual degree in Social Work and Infant Mental Health. She is an experienced midwife and researcher who studies the effects of trauma and mental health challenges on childbearing and postpartum outcomes. She co-authored *Survivor Moms: Women's Stories of Birthing, Mothering and Healing after Sexual Abuse*, and a psychosocial intervention for pregnant survivors of abuse; the *Survivor Moms' Companion*.



Janine Bieda is the director of nursing for the Intrapartum and Data Management Units at the Perinatology Research Branch of the National Institute of Child Health and Human Development, National Institutes of Health, of the U.S. Department of Health and Human Services in Detroit, Michigan. She is also the administrative and research operations manager of the Center for Advanced Obstetrical Care and Research. Dr. Bieda obtained her B.S., M.S. and Ph.D. in Nursing from the University of Michigan in Ann Arbor. Her practice as a full-scope Certified Nurse-Midwife at Hutzel Women's Hospital for over 14 years led her to her current role conducting Maternal-Fetal Medicine research with women at risk for preterm birth as well as other high-risk pregnancy conditions. She recently served as the lead NIH Study Coordinator for the PREGNANT Trial: an international, multi-center, randomized clinical trial of progesterone for the prevention of preterm birth.

MPSI 2013 Explorations In Development

Reducing infant mortality: Emerging trends in prevention and developmentally informed care

How Race and Pregnancy are Lived:

Understanding Maternal Mental Health Disparities and Prematurity Risks

Renee Canady, PhD, MPA (9:30-12:30)

Learn how findings from statewide focus groups can inform the understanding of social determinants of mental health and pregnancy experiences of African American mothers. This presentation will also describe how such findings can be incorporated into planning strategies and professional development initiatives. After a brief overview of the central themes of the focus group research with low income mothers, we apply those findings to key health equity constructs (social determinants of health, levels of oppression). We will also discuss how practitioners can build therapeutic and authentic relationships across differences.

OBJECTIVES

- 1) Describe how the experience of chronic stress among women of color effects health disparities/inequities in pregnancy outcomes
- 2) List health equity constructs related to low income mothers

The Influence of Trauma on Pregnancy, Birth and the Early Postpartum Period

Mickey Sperlich, MSW, MA, CPM (1:30-3:00)

A growing body of research shows that numerous physical, psychological, behavioral, and interpersonal aspects of childbearing are adversely affected when a woman is a survivor of childhood maltreatment or sexual trauma, especially if she is suffering post-traumatic stress disorder (PTSD). This talk will highlight research demonstrating risk for trauma, PTSD, and depression for pregnant women in SE Michigan, and risk for outcomes like prematurity and impaired mother/baby bonding. The talk presents findings from a novel psychoeducational intervention for expectant mothers with abuse-related post-traumatic stress and suggests improvements to maternity care for survivor moms.

OBJECTIVES

- 1) Recall recent research outcomes demonstrating risk for trauma, PTSD and depression for pregnant women in SE Michigan
- 2) Describe the design and implementation elements of the "Survivor Mom's Companion" psychoeducational intervention

Emerging Interventions in the Prevention of Preterm Birth:

Role of Cervical Ultrasound & Vaginal Progesterone

Janine Bieda, PhD, MS, CNM (3:00-4:30)

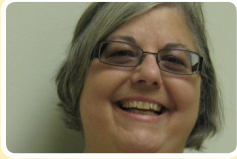
This presentation will describe the morbidity and mortality associated with prematurity and define the Preterm Parturition Syndrome. In addition, the presentation will focus on the following: the role of progesterone in the maintenance of pregnancy and the cervix, the use of transvaginal ultrasound in the detection of a short cervix, and the importance of routine sonographic cervical screening in the identification of mothers who may benefit from vaginal progesterone treatment. A review of an international, randomized, clinical trial of vaginal progesterone in women with a short cervix will also be presented. Results of the PREGNANT Trial demonstrate that the use of vaginal progesterone has the potential to reduce the rate of preterm birth both in the U.S. and worldwide.

OBJECTIVES

- 1) Describe the need to employ routine transvaginal ultrasonography to measure cervical length in all pregnant women
- 2) Recall the results of the PREGNANT Trial and use of vaginal progesterone as an important treatment option for mothers with a short cervix

Friday, September

20th



Jean Powlesland has been a nurse for 29 years and a neonatal nurse for 25. For the last 15 years, she has immersed herself in the developmental aspects of neonatal care by first becoming a NIDCAP Professional, and then a NIDCAP Trainer. She has been fortunate to travel to other hospitals to train staff in NIDCAP, allowing for an opportunity to see other systems and how they facilitate change.



Jennifer Hofherr is an occupational therapist and certified trainer in the Newborn Individualized Developmental Care and Assessment Program (NIDCAP), a training program for professionals who work in newborn intensive care units. At Fussy Baby Network, Jennifer helps new sites around the country implement the program, is a trainer and provides home visiting services to families. Jennifer has more than 25 years experience working with families and infants. She brings her specialized knowledge about premature infant behavior and family-centered care to both the home visiting program and to the development of Fussy Baby Network training and dissemination programs.

MPSI 2013 Explorations In Development

Reducing infant mortality: Emerging trends in prevention and developmentally informed care

Essentials of Developmentally Supportive Care in the NICU

Jean Powlesland MS, RN (9:30 am – 12:30 pm)

Medical advances in recent years have resulted in the survival of an increasing number of infants born prematurely. These infants have had the normal processes of development altered partly due to the experiential effects of life in the NICU during a period of rapid brain growth. Research has shown that individualized, developmentally supportive care can significantly improve short- and long-term outcomes for these infants, as well as support the parent-infant relationship. This session will provide an overview of the essential concepts of developmental care as well as provide examples, specific care practices and exercises in planning care for infants based on their behavior.

OBJECTIVES

- 1) List at least three implications of early birth on brain development for the preterm infant in the NICU
- 2) Describe how synactive theory is used as a framework in observing and interpreting infant behavior
- 3) Recall how NIDCAP methodology is used in planning individualized, family centered, developmental care for the NICU infant

Using the FAN Approach to Engage and Support Families

Jennifer Hofherr, OTR/L, C/NDT (1:30-4:30)

This workshop will introduce practitioners to the Fussy Baby Network® Model of Parent Engagement. FAN is a conceptual model that provides a useful framework for engaging families around their urgent concern in the moment. FAN can guide practitioners to assess and match what parents need from them at any given time; such as emotional support, information sharing, and building the parent's capacity to actively care for their baby.

OBJECTIVES

- 1) Describe each of the five core engagement processes of the FAN approach
- 2) Identify how attunement and matching the parent's need enhances outcomes
- 3) Recall how the FAN approach can be used within the NICU setting with parents

CE INFORMATION

5.5 CEs PER DAY FOR Social Workers: Merrill Palmer Skillman Institute is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC 0068. This activity has been submitted to the Ohio Nurses Association (OBN-001-91) for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Please call Trudy Shiemke at 313-664-2527 for more information about contact hours.

A Certificate of Attendance will be issued for OTs, PTs and other disciplines not specified here.

DAY 1 & 2 SCHEDULE

9:00 - 9:30 am	REGISTRATION & BREAKFAST
9:30 am - 4:20pm	LECTURE WITH BREAKS BELOW
11:00 -11:15 am	BREAK
12:30 - 1:30 pm	BREAK
3:00 - 3:15 pm	BREAK
4:20 - 4:30 pm	EVALUATION

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WSU Perinatal
Research Initiative

WSU Merrill Palmer Skillman Institute for Child & Family Development
2013 Explorations In Development

Registration is required.

Payment or purchase order/authorizations must accompany registration form.

Make checks payable to: Wayne State University/MPSI

THREE WAYS TO REGISTER

- 1.) Online at <http://specialevents.wayne.edu/explorations-2013>
 - 2.) Contact Beverly Weathington at: 313-664-2526
- OR
- 3.) Mail this form & payment to:

ATTN: Explorations In Development
Merrill Palmer Skillman Institute
Wayne State University
71 East Ferry, Detroit, MI 48202

** All registrants will receive a confirmation via email. If you do not receive an email within 1 week of registering, please contact Beverly Weathington at: ac8787@wayne.edu*

FOR MORE INFO CONTACT:
Beverly Weathington at 313-664-2526
or ac8787@wayne.edu
OR
Trudy Shiemke at 313-664-2527
or ab3384@wayne.edu

2013 MPSI EXPLORATIONS REGISTRATION FORM

FEE SCHEDULE

- EARLY BIRD REGISTRATION**, \$60 per day or \$110 Both Days (Must receive registration by **August 17, 2013**)
- ONE-DAY REGISTRATION** \$75 (per day) Thursday, Sept. 19 **OR** Friday Sept. 20
- TWO-DAY REGISTRATION** \$70 (per day) Both Days
- MD-AIMH MEMBER** \$70 (per day) Thursday, Sept. 19 **OR** Friday Sept. 20
- STUDENTS**. \$25 (per day) Thursday, Sept. 19 **OR** Friday Sept. 20

Name _____

Organization _____

Address _____ City _____ State ____ Zip Code _____

Daytime phone _____ Fax _____

Home phone _____ E-mail _____

TOTAL AMOUNT ENCLOSED \$ _____

My organization will pay my registration fee. Enclosed is verification (purchase order/authorization) of my agency's commitment.

Check Money Order VISA/Master Card Number _____

Expiration Date _____ 3 digit security code on back of card _____

Name (as it appears on card) _____ Signature _____

Please check here if you have a disability and could require accommodations to fully participate in this activity. You will be contacted by the conference coordinator.

Professional Discipline _____ Professional License Number: _____

Nursing Social Work

REFUND POLICY: Registrations are accepted on a first-come, first-served basis and space is limited. Substitutions are accepted at any time. A full refund, less a \$25 processing fee (\$10 for students), will be granted if request received by Sept 1, 2013. No refunds provided for no-shows and late cancellations.